



August 24 – September 24

This report is written collectively from all staff, with snippets and photos from our busy centre allowing us to share some of our good news stories, successes, achievements, and lessons learnt.

Report from Hyleen

Our Space

This provision is still used regularly by varying amounts of people each week on a Thursday. It is a great social time in the building with lots of chat & laughter.

At present some of the participants are cutting the pop bottles for the poppy decorations to be used in the area.

The Wednesday group is not as popular, but we continue to advertise the session & we hope it will develop.

Food Parcels & Ready Meals

We continue to receive about 80 ready meals with a dessert or cake each week. These are proving popular with our local people. We have enough funding to continue these until the beginning of November.

We have received a further £2k for further stock for our food parcels. These are given as a one-off item when families need help. They are not for regular weekly collection.

We have found an increase in demand for all our food services over the summer holidays due to the extra cost of feeding the whole family for 6 weeks, we also managed to offer fruit and water within sessions this summer after receiving another kind donation from Sainsbury's.

If you require any further information, please contact me.

Hyleen Wood, Centre Coordinator



Drop-in
Our Space
Pelton Community Centre
AFPS North East and North Cumbria
PCP
Welcome spaces
New Day Added!
Every Wednesday 1-5pm
Every Thursday 10-4pm
Enjoy a hot drink and some light refreshments. Meet other people, enjoy a chat. Do the crossword or puzzles in the newspaper. Enjoy one of the small activities that are on offer, we may put on a film, have visiting professionals and more. You shape the group, tell us what you would like. Everyone Welcome.
LIVE JOYFULLY
For more information, please contact 0191 3700726



Would Ready Meals Help You?
Pelton Community Centre
We have ready meals here weekly, to help our community through the cost-of-living crisis. If we have not helped you already, and you feel these would be beneficial for your household, please get in touch.
If this is you, please **email** us with your name, contact number and how many are in your household
Email: hello@peltoncc.org.uk
Chester-le-Street & District Area Action Partnership
No questions with regards to circumstances will be asked.

Ellens Report,

Ellen is currently on Annual leave, having a well-deserved break after planning and delivering a jam-packed Summer Programme for our families. Our Programme included family music sessions with Purple Bear Music, Nerf Battles with NE Parties, Family Circuits sessions and Neon Fitness sessions with Get Fit North East, Forest School sessions with Back into Nature CIC and much more. We love providing our summer activities



and appreciated those who attended this year, many sessions were fully booked with others high attendance, so thank you to all who joined us, helped us deliver the sessions and to Amy our fab Summer Volunteer who did a great job whilst doing some much-needed volunteering hours as part of her Duke of Edinburgh Qualification.

The rainbow patch has been put to good use during our forest school session with Liz from Back into nature CIC this summer.



The children have enjoyed exploring the mud kitchens, water play, building with our crates and planks as we all mud painting, printing using leaves and flowers and creating with clay.



A massive THANK YOU to Jeanette and

all of her colleagues at [Sainsbury's](#) Local Chester-le-Street for their generous donation. This will really help to keep lots of tummies full during our summer activities 😊



Recent Developments:



**County Durham
ageUK**

Walking Tennis

£2.00
per session
including
refreshments

Starting 12th July

An introduction to Walking Tennis ... come and have a go!

**Held weekly on Fridays
from 1.00pm to 2.00pm**

**Pelton Community Centre, Front Street,
Pelton DH2 1DE**

**For more information, call us on
0191 386 3856**

info@ageukcountydurham.org.uk



questions just give us a shout, we all really enjoyed it. It will be starting Wednesday 18th September!! 🏃🏃🏃

- While we are on the subject of running, here are some great pictures from our Durham 5k Sponsored run, where Clare, Paul, Ellen, Amanda, Helen and Serena all took part and did a fab job. We had some great cheerleaders on the day too. Between the group we managed to raise over £1000 which was fantastic. Well done everyone 😊

- Pelton in Bloom 2024. We had another fantastic year, with lots of help as mentioned in our last report. I am pleased to report we won Gold AND Overall winner for the second year in a row. What a fabulous achievement, and the £50 prize was a lovely treat.

- Walking Tennis is slowly building and attracting a few new faces. It is a great way to enjoy Tennis, but in a gentler way. We could hear lots of giggling last week, it sounds like they have a laugh doing it too.

- We have something new starting Thursday 26th September at 7pm here at the centre, K9 Konnections are going to do Dog recall training sessions. Details on poster showing who to contact for further information or to register.

- We are looking forward to a new Couch25K programme starting again here on a Wednesday...who is going to join us?

A few staff completed this course earlier this year, so if you have any





- Ouston and District Art group will be joining our busy timetable of groups, relocating here on a Friday due to the venue they used to use in Perkinville closing. Everyone is welcome and they are looking for new members. We can't wait to see what they get up to week to week.
- Our Main Hall is full most weekends now, with parties and events and our regular classes. We had a fabulous Circus themed party recently, Candy Kids filled the hall with some great soft play and an elephant castle, how fab does it look. We then had an African drumming party this weekend, with 30 drums for the children to enjoy together. Great ideas for parties.
- Due to a change within our staffing team, we are now looking for a new person to



join our team, could this be you? We are looking for someone to work evenings and weekends, on a rota basis, with a minimum of 10 hours a week, however, more will be likely. Please see job advert for more info and with details on how to apply.

- Filming took place this month as Mick, our Chairman, has been nominated for an award. The North East Charity Awards take place on Thursday 19th September and we can wait to head along as a staff team.



Pelton Community Centre,
Front Street,
Pelton,
Chester-le-Street,
Co. Durham,
DH2 1DE
Charity Number: 1155121

We are looking to employ an **Gym/Bar Coordinator** to fulfil a role here at Pelton Community Centre.

This is an exciting opportunity to help support our busy timetable of events.

Job Description:	Gym Coordinator/Bar Person
Hours:	10 hours per week on a rota basis.
<u>Your shifts will be mostly evening and weekends, but weekday work may be required on occasions.</u>	
Based at:	Pelton Community Centre, Front Street, Pelton, Chester-le-Street, Co.
Durham DH2 1DE	
Position Reports to:	Community Centre Manager
Salary:	£12.80 per hour
Closing date:	Wednesday 18th September 2024
Proposed start date:	October 2024 (3 Month Trial period)
Position:	Permanent

NOTE- Must be 18 years of age or over.

To apply please submit a cover letter addressing each point on the person specification and attach your CV detailing your work experience to date. Applications can be hand delivered or emailed to hello@peltoncc.org.uk

Please note we will ONLY consider completed application forms from the applicant, not from third parties or agencies. We will only consider those who apply with the correct information listed above.

For more information, please contact reception on 0191 3700726 or email: hello@peltoncc.org.uk

Supported by;



**Celebrating North East
charities & the amazing
people who support them**

Thursday 19 September 2024
The Fed, Gateshead

- County Durham and Darlington NHS are hosting a number of events in our area, including one here on Thursday 26th September for Fall Prevention week. Please help spread the word, it is a drop in event and all are welcome.
- Funding, we have been successful with a couple of bids, one for a Development Worker roll within our team, which Ellen will be taking on and I'm sure she will report on soon, and another to refurbish our lounge and offer social activities for older people. As part of the lounge refurbishment, we are looking at adding cladding to the walls, like the Main Hall, Room 3 and Room 14, widening the door frame and adding shelves and storage, we can't wait.

County Durham and Darlington **NHS**
NHS Foundation Trust



FALLS PREVENTION EVENT

National Falls Prevention week 23-27th September 2024

We will be holding the following training aimed at Carers, those working in Care Homes as well as those Caring for clients/relatives in their own homes.

The event will cover how to identify and reduce Falls risks.

DATE: Tuesday 24th September 2024

TIME: 11:30am – 3:00pm (drop in session)

VENUE: Woodhouse Church & Community Centre, DL14 6PD

DATE: Wednesday 25th September 2024

TIME: 12:00 pm – 3:00pm (drop in session)

VENUE: Trimdon Grange Community Centre, TS29 6PB

DATE: Thursday 26th September 2024

TIME: 11:45am - 3:00pm (drop in session)

VENUE: Pelton Community Centre, DH2 1DE

safe • compassionate • joined-up care

*As always we are continuing to offer food parcels to those in need...you just need to ask.
Our Community centre also allows you to recycle damaged, broken or unwanted electrical items that fit in a carrier, these can be put in the DCC box under reception. You can also recycle your old batteries, vapes and now your soft plastics.*

Regards Clare Robinson and Team