



Aug & Sep 2023

Accidents/Incidents reported – 0
Complaints received – 0

This report is written collectively from all staff, with snippets and photos from our busy centre allowing us to share some of our good news stories, successes, achievements, and

lessons learnt.

Drop-in
Our Space

Every Thursday 10-4pm

Our Warm space project is now Our Space, we didn't want to see our group go, and felt many were benefitting in other ways, so we will continue. Enjoy a cuppa and a biscuit. Meet other people, enjoy a chat. Do the crossword or puzzles in the newspaper. Enjoy one of the small activities that are on offer.

LIVE JOYFULLY

For more information, please contact 0191 3700726

Our Space

This facility has been a little quieter over August due to holidays, childcare & a few of our group users developing Covid.

The children are back to school now & grandparents have time to themselves once again. We hope that numbers improve again in the following weeks.

We will be planning extra activities for the group over the coming months.

Food Parcels

We do distribute some food parcels to people in the area who are financially finding things hard.

We know that in a month or two the need is going to be much greater when people must start using heating & more electricity in their homes. This is when money is very tight for some people.

We are looking into possible further funding so that we can help these families.

OPSIF

I have made some great progress for this project and have lots for our older people to enjoy in our building.

September sees the start of our OPSIF timetable. We have a variety of different sessions & a few more activities still to book in.



CALAMITY JANE

Cinema day

OPSIF
(Older persons social isolation fund)

Snacks available

Friday 22nd September

1PM

FREE ADMISSION!

It is aimed at 55years & over, but we will not turn anyone away. We hope to provide the social aspect to the clients which is something that we know is vitally important to them. They want to be able to go somewhere & talk to likeminded people



OPSIF Timetable

September

Wednesday 20th September 12-2pm w4life **visitor talk**
mental health as you get older.

Friday 22nd September 1pm **Cinema** Calamity Jane

Wednesday 27th September 12-2pm w4life **visitor talk**

October

Wednesday 4th October 12-2pm w4life **visitor talk**

Wednesday 11th October 12-2pm w4life **visitor talk**

Friday 20th October 10-12pm forget me not art
Driftwood Crafts **Max 10 people**

November

Monday 13th November 1pm **Cinema** Casablanca

Thursday 23rd November **Visitor talk** collect Beamish Memory box to use for the week.

Tuesday 28th November 1.15 – 3.15pm **Crafts Quilling** Max 12 people

December

Friday 8th December 1pm **Cinema** South Pacific

Friday 15th December 1-3pm **Event** Chester Brass Band + afternoon tea

January 2024

February 2024

Friday 16th February 1pm **Cinema** Oklahoma

March 2024

Thursday 7th March 12mid day **Event** Hop, Skiffle & Jump + afternoon tea

OPSIF

Old persons isolation fund.

Visitor Talks



20.09.23 - 12 - 2PM
Caring for your mental health.

27.09.23 - 12 - 2PM
Diet for the older person.



04.10.23 - 12 - 2PM
Caring for feet, nails, body etc.



11.10.23 - 12 - 2PM
Exercise for the older person.

For more details pop in or call: 01913700726.

Many thanks for reading my report.

Please contact me if you need any further information.

Hyleen Wood Centre Co Ordinator

In July we put our final touches to our redeveloped outdoor area The rainbow patch!! Thanks to a great effort from both staff and volunteers it looks fantastic! The Pelton In Bloom judges must agree as we recently found out we were the overall winners of the competition and won GOLD for our contribution and efforts. The judges were very impressed with all the community work that had been carried out to improve your outdoor space. In particular, the intergenerational aspect to the project which involved all age groups to carry out the improvements. The judges were also impressed with the elements of recycling; upscaling and handmade equipment that was on show. It's wonderful that the improvements will also lead to an outdoor space that can be hired for parties/educational visits etc.



The Rainbow Patch has been a big hit over the summer with various groups accessing it in all weathers. Owl & Owlets toddler group were the first to get the opportunity to explore and it provided a great space to run our first forest school sessions as part of our summer holiday activities. We have plans to add more resources that offer further opportunities within the rainbow patch including construction and craft activities to further improve what we can offer. We also already have our first private party booking for the space coming up!

As well as continuing to offer our existing groups for young children and families over the summer we had a full programme of family activities available. These sessions were funded by the Ballinger trust and Fun and Food. Across all sessions we had on offer over 200 children took up spaces and from the funding available we were able to offer healthy picnics to children and adults during most of these sessions. We are already evaluating our summer programme and planning for future holiday sessions for the end of the year.



FIT MAMMA

OUR NEW FUNDED FITNESS CLASS FOR POSTNATAL MUM'S LOOKING TO REGAIN AND IMPROVE FITNESS AND BOOST ENERGY LEVELS.



WEDNESDAY
10.30AM

LOW IMPACT 45 MIN SESSION
7 WEEK COURSE



NON WALKING BABIES ARE WELCOME TO JOIN YOU AT THE SESSION.



ADULTS CAN TAKE PART IN CLASSES ONCE YOU HAVE HAD YOUR POSTNATAL CHECK PLEASE FOLLOW THE ADVICE OF YOUR HEALTH PROFESSIONAL.

FOR MORE INFORMATION OR TO BOOK A PLACE CONTACT ELLEN VIA EMAIL
ELLEN@PELTONCC.ORG.UK

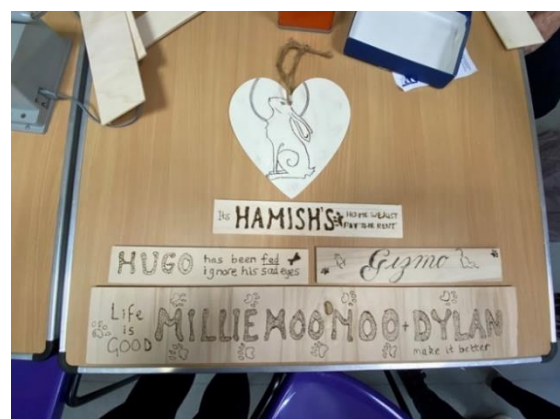


We also have our Happy Hippos after school club starting. This session is aimed at children aged 4-7. Children can attend with parents to take part in the activities on offer including Lego and family board games, complete homework and socialise with friends. We hope this session fills a gap we identified in our timetable for this age range. Future plans for the group include den building activities, baking and food tasting as well as offsite activities including a group litter picking session.

We have an exciting few weeks ahead as we see the introduction of two new sessions to our already busy timetable. The first is an exercise class for postnatal mothers. We have teamed up with GFNE to offer a low impact exercise class to help mothers get back into a healthy routine of fitness that allows their babies to attend alongside them. This has proven to be massively popular, and we have been inundated with interested Mum's we are therefore planning to run a second block of sessions for those who didn't get a space this time.

Recent Development:

- Pyrography was the activity our Craft Together group have been learning the last few weeks, from one of our members. Look at these great signs they have made... I think raggy wreaths are next on the list and with some new members joining this month we hope they all have great fun.
The group has changed slightly and is now a self taught, however we are inviting visiting artists once in a while as a special treat.



- We are excited to announce we are hosting the fantastic [Beyond Caring Play](#) in October this year.

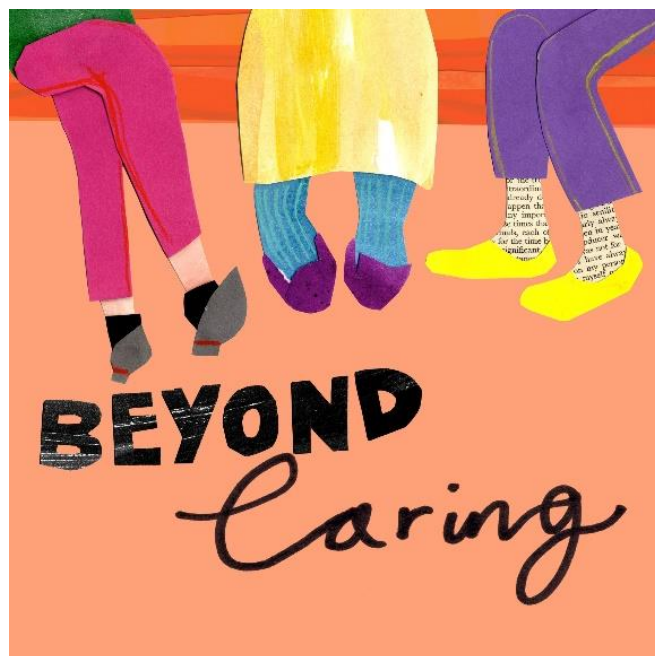
4 Friday 27th October 🕒 Doors open 5.30pm 🎭 Show starts 6pm 🎫 Tickets start at £6.50

Tickets are now on sale, either from reception or online using the link below.

Beyond Caring, a powerful new play by Christina Castling that takes a frank, humorous and heartbreaking look at life behind the doors of a care home, will be touring the North East of England this Autumn. Based on interviews with residents, relatives and staff, the play, co-produced by Gala Durham and Queen's Hall Arts Centre, uncovers the reality of caring for others, looking after ourselves and getting older.

Audiences are being invited to meet Queenie, Elaine and Alex, resident, relative and carer at Cedar Point Care Home - a place where the corridors roar with laughter and ache with sadness and where outrageous antics mingle with tough conversations.

Care home resident Queenie, played by Judi Earl, is staging a protest because she wants to have a tab and can't have one without being supervised. Elaine, whose mum is busy



deciding whether she wants to go into a care home, will be played by Jacqueline Phillips, and Alex, a carer working in the care home, will be brought to life by Rosie Stancliffe.

<https://www.ticketsource.co.uk/pelton-community.../t-rpapkzm>



- Karbon homes used our building to host some Holiday Squad sessions for our families to enjoy over the summer, and the sessions looked fab. Free activities with food included, our community are so lucky to have providers like this organising such fantastic sessions, on top of our already busy Summer programme.

• Thank You!

We wanted to thank all our staff, volunteers, groups and partners who helped with our recent gardening project.

We held some volunteering days, we asked for donations, we were given help and support, funding from [Karbon Homes](#) and support through our groups such as [Durham Alliance for Community Care - DACC](#), [Children's Corner - Pelton Community Centre](#), [Pelton Youth Project](#) and more.



Our new outdoor classroom is now complete, we are working behind the scenes to make it a space for you all to hire and use. It is now closed to the public, and will remain that way, however groups, parties and events within the building will have access.

The best news.....

🏆🏆🏆 We Won!!! 🏆🏆🏆

We have some fantastic news for you all, after all our hard work, volunteering and muddy boots, we were told last week we were the overall winners of Pelton in Bloom and won GOLD for our contribution and efforts. 🌱🌳🌸🌻🌼

The judges were very impressed.

So THANK YOU AGAIN to all who helped, we knew we had some fantastic days out in the garden and we can see we have made a big difference to the look of our building, but winning gold is the icing on the cake for us! This improvement has now allowed us to promote and hire this area for our community to use exclusively. A two hour party, with Room 2 as a holding room, and exclusive use of the Rainbow patch is only £45. This offers a smaller party option along side our Main Hall parties on a weekend, meaning we can now accommodate 4 parties a weekend, which will hopefully help with demand.

- Pelton Community Gym, as of 1.9.23 our Gym will now close at 5pm on a Friday (it used to be 6pm)
Last admission, 4.30pm.



OPENING HOURS

We hope this doesn't impact your training too much, don't forget we are open Saturdays too 👍 However due to a timetable change, we felt this was the best move financially for the centre.

Funding Applications:

- You may all be aware we are working behind the scenes to spend some funding we secured through Section 106 to make some improvements inside and outside our Main Hall. You will agree the inside is looking dated, tired and has missing ceiling tiles, damaged walls, redundant electrics etc. Well hopefully this will all be gone, and a new shiny Main Hall will be ours ready for early spring 2024. It will mean we have to close our Main Hall at the start of the year, to get the works complete, however we are working with groups now to shuffle and accommodate else where with hopefully little impact. But we know it will be worth it in the end.
Before that, our roof will be repaired, and we are hoping this will happen in a matter of weeks, with little or no disruption to our Main Hall activities and hirers. Fingers crossed, as the recent downpours have made their way in on many occasions.
- We also applied for some funding to install solar panels to our new roof, to help with our carbon footprint, and reduce our energy bills. We will also be looking at adding a battery, to enable us to use backed up electric in cases of emergencies, such as power cuts, storms etc. The battery will allow us to open, with some sockets working for heating, lighting, communication to our community etc. Another funding bid was submitted to improve our supplies, facilities and equipment in cases of emergency, with foil blankets, emergency sleeping bags, torches, water etc. We hope we are successful in these bids as we feel they are vital in the winter months.

As always we are continuing to offer food parcels to those in need...you just need to ask.

We have recently had big problems with litter in and around our grounds, not only does Pelton have Durham Council Council litter picking the area, Pelton Parish Council has a litter picker based in Pelton throughout the week, our staff and volunteers then also litter pick as well as a few community volunteers. However our fire escape steps have become a little gathering spot for young people, which we don't mind if they are sensible, however the litter they often leave behind is disgraceful.

We then started work one day last week to find a bag of litter moved up to Room 14's entrance, ripped open and the contents thrown all over the place.

The Carpark to the side of our building has also become a gathering place for young adults in their cars, again no action was going to be taken here, until we discovered they are also leaving behind so much rubbish, some of which will be dangerous to children and animals if found, without going into detail. This is all a real shame and we would ask you all to use bins provided or take your litter home. Could we ask you to have a chat with family members, young and old, reminding them to do the same. Please help us keep Pelton a safe, clean and tidy area to live it.



We are working with our local police, the Neighbourhood Wardens and Pelton Parish Council on the above matters as our building is fully covered by CCTV.

Regards Clare Robinson and Team



SINGING BY HEART
(DEMENTIA FRIENDLY SINGING GROUP)
FROM
THE CHESTER LE STREET
SALVATION ARMY
SINGING A VARIETY OF WELL KNOWN
SONGS
THAT ENCOURAGE
AUDIENCE PARTICIPATION
WEDNESDAY 13th SEPTEMBER
2.00 – 2.45pm



Bite & Bike

Bring y'bike and learn how to fix it under the supervision of our experienced staff and volunteers.

The activity is free and suitable for a maximum of eight children aged 7-16.

SATURDAY, SEPTEMBER 30TH, 2:00 - 3:30 PM
SATURDAY, OCTOBER 28TH, 2:00 - 3:30 PM
SATURDAY, NOVEMBER 18TH, 2:00-3:30PM
SATURDAY, DECEMBER 2ND, 2:00-3:30PM

@PELTON COMMUNITY CENTRE,
FRONT ST. DH2 1DE

Info & free booking:
<https://www.recyke.bike/?p=1581>

