



Introduction

Grange Villa March 2023 update. These monthly reports are created to maintain communication between Pelton Youth Project and the Grange Villa Community Centre team. Additionally, this document is distributed to the One Youth Chester Le Street team and partners. Should there be any questions relating to the contents of this report, please contact me (George), Youth Project Supervisor at george@peltonyouth.org.uk

Aim of sessions

The aim of these sessions is to provide young people in Grange Villa and the surrounding areas with an open-access youth club on a Friday evening. To provide structured and ongoing activities. To work with external provider, Chris; from Heart Remind CIC, who will provide art and music tuition to develop young people's creative skills. Where possible (weather dependent) we will provide structured sports sessions in the outdoor space using youth club sports resources. To provide young people in Grange Villa and the surrounding areas with an activity session on Wednesday evenings. Activity sessions will promote positive mental and physical health through physical activity and socialising. These sessions will give young people a chance to take part in activities they may otherwise not have the opportunity to take part in.

Outcomes for Young People

- Can express themselves imaginatively
- Trying new ideas and new experiences
- Developing creative skills
- Planning and organising activities
- Build upon their interests
- Know what resources are needed for activities
- Able to recognise their skills and those they need to develop
- Can communicate effectively
- Have a positive sense of who they are
- Understand their own beliefs and values
- Able to deal with change and difficult situations
- Know what behaviour is appropriate and inappropriate
- Can support their own needs and help others
- Able to talk about emotions
- Can challenge bullying and oppressive behaviour
- Recognise a healthy lifestyle
- Motivated to take control of their health
- Want to engage in physical activities
- Want to make informed choices around their health
- Know risks to health from certain actions and decisions



Work with Young People in February

During the month of February, we have continued to offer support and services to young people in Grange Villa and the surrounding areas through our Wednesday evening activity session and our Friday evening youth club sessions.

Youth Clubs – We continue with the challenge of increasing the number of young people accessing our Friday evening youth club. The number of young people accessing has not dropped but has remained under 10 consistently this month. We plan to advertise the session in all local primary schools to remind/inform young people what we have on offer, we believe this will improve numbers. Those who have accessed during February have continued working with



Chris from Heart Remind CIC on art and music tuition, developing their art skills and developing their DJing abilities. Young people have had the opportunity to take part in outdoor sports sessions with improved weather conditions in some sessions this month, we have been able to play football and basketball in the outdoor space, developing physical health.

Activity sessions – Our new activity session remains popular with thirteen to twenty young people taking part in these sessions each week. Young people have specified collection and return points in Grange Villa and Pelton while traveling to and from the venue. Young people take part in a one-hour trampolining session, following this young people are provided with food and drinks to replenish energy and stay hydrated. As can be seen from the numbers below the session is well attended. There is a reserve/waiting list for young people who wish to take part, each being given a space when one becomes available.



Date	Young People Attending Activity Session	Young People Attending Youth Club
01/02/2023	20	N/A
03/02/2023	N/A	7
08/02/2023	17	N/A
10/02/2023	N/A	5
15/02/2023	13	N/A
17/02/2023	N/A	6
22/02/2023	Half Term	N/A
24/02/2023	N/A	Half Term

Offsite Activity Sessions

Infinite Air – Trampolining

Staff

George Jones (Youth Project Supervisor)

Grange Villa

By George Jones

March 2023 Update

Youth Project Supervisor



Michael Gibson (Auxiliary Youth Worker)

Chris Clark (Heart Remind CIC) (External Provider)

Michelle Patterson (Volunteer)

Closing Comment

It has been another positive month working with young people in Grange Villa. We have plans to tackle the issue of low numbers of young people attending Friday youth club sessions. We believe advertising in local primary schools will improve the number of attending young people. Since the change to our activity session delivery, we have seen a major improvement in the attendance of young people. The activity session is positive, with consistent numbers of young people from Grange Villa and Pelton taking part. We look forward to the next month and are confident numbers will improve.