



Introduction

Grange Villa January 2023 update. These monthly reports are created to maintain communication between Pelton Youth Project and the Grange Villa Community Centre team. Additionally, this document is distributed to the One Youth Chester Le Street team. Should there be any questions relating to the contents of this report, please contact me (George), Youth Project Supervisor at george@peltonyouth.org.uk

Aim of sessions

The aim of these sessions is to provide young people in Grange Villa and the surrounding areas with an open-access youth club on a Friday evening. To provide structured and ongoing activities. To work with external provider, Chris; from Heart Remind CIC, who will provide art and music tuition to develop young people's creative skills. Where possible (weather dependent) we will provide structured sports sessions in the outdoor space using youth club sports resources.

To provide young people in Grange Villa and the surrounding areas with an activity session on Wednesday evenings. Activity sessions will promote positive mental and physical health through physical activity and socialising. These sessions will give young people a chance to take part in activities they may otherwise not have the opportunity to take part in.

Outcomes for Young People

- Can express themselves imaginatively
- Trying new ideas and new experiences
- Developing creative skills
- Planning and organising activities
- Build upon their interests
- Know what resources are needed for activities
- Able to recognise their skills and those they need to develop
- Can communicate effectively
- Have a positive sense of who they are
- Understand their own beliefs and values
- Able to deal with change and difficult situations
- Know what behaviour is appropriate and inappropriate
- Can support their own needs and help others
- Able to talk about emotions
- Can challenge bullying and oppressive behaviour
- Recognise a healthy lifestyle
- Motivated to take control of their health
- Want to engage in physical activities
- Want to make informed choices around their health
- Know risks to health from certain actions and decisions

**Week 1**

Pelton Youth Project Staff on Annual Leave

Week 2

11/01/2023

Number of YP:

9 young people accessed

Activities:

Young people who accessed this session had a choice to take part in structured art activities or to enjoy any ongoing activities they wished. Tonight's structured activity was arts and crafts, young people took part in a drawing game where they had to pick three colours each without looking. Once they had their three colours everyone involved had to draw the same thing, examples include, a river, a cat, a horse, and a tree. Young people decided whose drawing they liked most when everyone was finished. Young people could also work on craft activities, they were using art resources to create bees that



could be taken home and hung in windows or in their gardens. Once young people completed their arts and crafts activities they requested to play games of hide and seek, something they often play during these sessions.

We discussed the planned changes to our Wednesday evening sessions, informing young people this would be our final onsite session on a Wednesday, as we were changing to an offsite activity session. Young people were very excited about the prospect of being taken offsite each week. They were also glad to know that the Friday sessions would remain unchanged so they could still enjoy taking part in onsite sessions.

13/01/2023

Number of YP:

6 young people accessed

Activities:

In this session, young people worked with Chris on creating a graffiti board to be displayed during youth club sessions. Each young person used skills they have learned from working with Chris to contribute to the board.



Young people agreed that the board should read Grange Villa Youth Project and everyone involved would write their names on the board. Meanwhile, other young people continued to develop their drawing and graffiti art skills on paper. Others decided they wanted to take part in ongoing activities, these included pool, table tennis, board games, games consoles, and table football. Young people worked with me (George) on learning how to use virtual DJ software while Chris was busy working on the art project.



Week 3

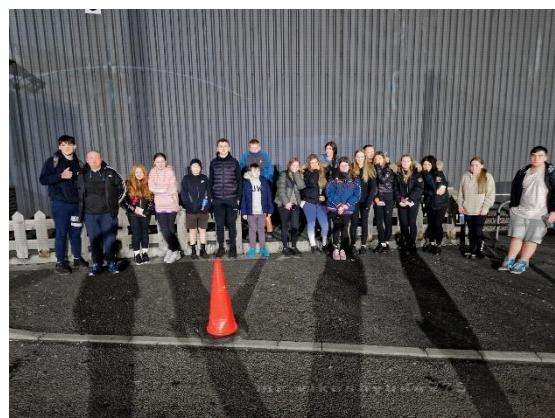
18/01/2023

Number of YP:

19 young people took part

Activities:

Youth workers met with young people at the back of Pelton Community Centre before travelling to Grange Villa Community Centre to our second pickup location. We then travelled to Infinite Air. Young people were well-behaved and respectful while travelling on the minibus. Once at the venue young people were registered, given wristbands and socks and were required to watch a safety briefing video. Young people then used Infinite Air facilities for one hour. Following this young people were each bought a drink and a snack. We then travelled back to Grange Villa and Pelton. The session went very well with no issues and young people appreciated the opportunity to exercise and socialise. We look forward to our next joint activity session. This has been a successful attempt to increase the number of young people accessing our Wednesday Grange Villa session.



20/01/2023

Number of YP:

3 young people accessed

Activities:



Due to low numbers, young people had the opportunity to work more closely with Chris on their art tuition. This week young people sat down with Chris and planned what they wanted to do. It was agreed that they would practice their graffiti writing and colouring on paper before they applied what they had learned to a wooden board that can be displayed during sessions. After testing out their new skills on paper young people decided they would rather Chris did the outline of the writing on a piece of wood and they would then go over the lines in calk pen before colouring it in themselves. The result of the project can be seen in the attached picture. Young people did a great job of making the design their own and they are passionate about their area and their youth club which is why they decided that a Grange Villa sign is what they wanted to design. Overall, aside from the low number of attending young people, the session was a very positive one with young people further developing their creative skills.



Week 4

25/01/2023

Number of YP:

12 young people took part

Activities:

Like last week, youth workers met with young people at the back of Pelton Community Centre, travelled to Grange Villa Community Centre, and met those young people. Then travelled to Infinite Air. Young people are required to watch a safety briefing video before each session they attend. Young people used Infinite Air facilities for one hour. At the end of their trampolining session, young people were each bought a drink and a snack. Young people were then dropped off back in Grange Villa and Pelton. The session, like last week, went very well with no issues. Young people had more confidence to try more challenging tricks and jumps this week, and they also took fewer breaks, suggesting their physical fitness is improving. We look forward to the next session.



27/01/2023

**Number of YP:**

9 young people accessed

Activities:

Young people who accessed this session had a choice to take part in structured art activities or to enjoy any ongoing activities they wished. Tonight's structured activities were arts and crafts and DJ tuition. Young people worked with Chris on further developing their graffiti art skills. This week young people continued work on the board created last week, they also sat down and made plans to develop more boards with new designs. Young people created a board that they felt incorporated many aspects of the work they do with Chris, graffiti art, and DJing. As can be seen from the picture above young people have been very busy working on multiple graffiti boards.



Young people who were interested in learning new skills worked with me (George) on DJ tuition. We spent this session exploring the DJ programme 'Virtual DJ' that is used with an external mixing board. Young people picked up on the basics of beat matching and auto-mixing during this session, familiarising themselves with how beats are measured. Young people showed great interest in learning more and expressed interest in getting their own equipment at home to take up the hobby regularly.

Very positive engagement from young people in structured activities this evening and numbers are showing signs of improvement in our Friday onsite session.

**Young Person Feedback**

- Young people look forward to working with Chris each week so they can learn to draw like him
- Young people are enjoying developing new skills in DJing
- Young people are enjoying the activity session
- Enjoying exercise while trampolining
- Like making new friends through the joint activity session

Offsite Activity Sessions

Grange Villa

By George Jones

January 2023 Update

Youth Project Supervisor



Infinite Air – Durham

Staff

George Jones (Youth Project Supervisor)

Michael Gibson (Auxiliary Youth Worker)

Chris Clark (Heart Remind CIC) (External Provider)

Michelle Patterson (Volunteer)

Closing Comment

It has been a very positive month working with young people in Grange Villa. We have begun to tackle the issue of low numbers of young people attending the sessions during the winter months, changing the delivery of our Wednesday session from onsite to offsite. Since the change, we have seen an improvement in the attendance of young people. The activity session has been very positive, with large numbers of young people from Grange Villa and Pelton taking part. Our Friday sessions have begun to attract more young people, knowing they will be invited to take part in the offsite activity session if they are involved in the project on Fridays. Young people have a very positive relationship with Chris from Heart Remind and are showing fantastic development in their art and DJing skills each week. Young people are thankful for the provision they are offered in their community.